

***brainstrust's* bright minds - volunteer ambassadors**

Where you'll be based

Home-based, at school or college, and in your community

About the role

brainstrust's bright minds are our younger ambassadors (typically aged between 13 and 24) who play a vital role in raising the profile of *brainstrust* and our mission. These crucial members of our volunteer team help more people access life-changing support, spread the word about our movement, and inspire others to join our mission.

Your brief is broad but there is scope and flexibility to engage in different activities to suit your skills, needs and availability. Typically, as a bright mind at *brainstrust* you will do some (not all!) of the following:

Awareness and fundraising opportunities

- Work with your *brainstrust* contact to connect with local networks that will be beneficial for us to work with and spread the word about the charity. This could include other charity groups, event opportunities and local healthcare providers.
- Cheer on our team *brainstrust* runners, hikers, and cyclists at regional challenge events such as the London Landmarks Half Marathon and Edinburgh Marathon; set up a cheer station with *brainstrust's* promotional materials and catch their moment crossing the finishing line.
- Help raise awareness by giving talks at school, college, work or university or with local groups to which you may be connected. We will provide you with a range of materials to support your talk and you may be able to inspire others by sharing your own experiences too.
- Join us for Brain Tumour Awareness Month in March and Wear Grey in October and support local schools to host their own Wear Grey for a day; give a talk to children to explain why we wear grey and support their fundraising activities.

Advocacy and peer support opportunities

- Share your story with us to use on our website, social media channels to raise awareness of why our support services are so important to people living with a brain tumour diagnosis, and to help people recognise that they are not alone on their journey.
- Attend workshops and meetings to define and develop *brainstrust* resources that help others

- As opportunities allow, attend meetings and events with *brainstrust* to inform national policy and care for young people on a brain tumour pathway

Skills and attributions

- Understanding of life with a brain tumour—you might be a patient, caregiver, family member or friend. Either way, you'll understand some of the challenges facing people with a brain tumour and their loved ones.
- Empathy—you'll be interacting with people who are going through a very distressing time. Reaching out to let them know about *brainstrust*'s support in a sensitive and empathetic way is of the utmost importance.
- Confidence in public speaking, potentially to a range of difference audiences and age groups.
- Experience in networking and being part of social groups.
- Experience with helping at events; for example, speaking to members of the public, hosting an information or refreshments table.

Time commitment

Dependent on activities

Find out more and apply

To find out more about becoming a *brainstrust* bright mind volunteer ambassador, get in touch today. You can email hello@brainstrust.org.uk or call us on 01983 292405