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Thank you so much for your interest in taking on The Big Father's Day Skydive with *brainstrust*. The jump will not only be a grand gesture, to show your dad how much you care, but will also help *brainstrust* support more families to feel less afraid, less alone and more in control in the face of a devastating brain tumour diagnosis.

Everything you need to know is enclosed in this pack, including your booking form. As you will see, we ask you to raise a minimum of £500 in sponsorship, and in return we will pay the £70 booking fee and the £300 jump fee. To ensure that the charity is never out of pocket, we do ask that you pay in at least £300 of your sponsorship one week before the jump date, so in this case by Friday 10 June 2016.

The enclosed information has been written by professional event organisers Skyline, so if you have any technical questions relating to your jump or the airfield please ring them directly - you can contact them on 020 7424 5522.

Why we're jumping for the dads.

We know how hard it is when you have a brain tumour in the family, and we know how many challenges a dad will have to face, whether he's a carer or living with a brain tumour himself. A few members of our team, including myself, lost our dads to brain cancer. This inspired us to help others who are facing a devastating brain tumour diagnosis and since then we've gone on to help hundreds of families get back on their feet.

"We owe many people so much in helping us come to where we are, but it is brainstrust that we owe the most to. They have been there every step of the way guiding us through. They have inspired us to fight, even when we felt so low"

We'll spend the money that you raise in sponsorship from the skydive to help more families take control. With your help, we'll ensure that no family faces things alone.

Thank you so much,

Tessa Watson Head of Fundraising at *brainstrust*

> FRSB give with confidence

brainstrust is a registered charity in England and Wales (1114634), and Scotland (SC044642)



What's it like?

Imagine standing at the edge of an open doorway in an aircraft flying at 10,000 feet - the noise of the engines and the wind ringing in your ears with only the outline of distant fields below. Now imagine leaning forward out of that doorway and letting go - falling forward into the clouds, diving down through the air as you start freefalling at over 120mph! Then imagine the peace and quiet as the canopy opens, the steering toggles come down either side of you and you begin a tranquil parachute descent from a mile up in the air, steering yourself back down to the centre of the drop zone below. Imagine being able to do this whilst harnessed to a professional freefall parachute instructor and at the same time being able to help a national charity! Stop imagining, it's real and it's happening all the time and you can be part of it...

What does the jump involve?

Technically the jump is called a 'Tandem Skydive'. It is a Skydive because you will be freefalling through the air (without the parachute deployed) for several thousand feet; it is in Tandem because you will be harnessed to a professional parachute instructor <u>at all times</u> throughout the descent (see front photo). This is the only way you can jump from such an altitude without spending thousands of pounds becoming a freefall parachutist. This is literally the chance of a lifetime!

This jump is also much less demanding than the traditional 'static line' jump as the jump and training are completed in one day and your instructor will be in control of your landing.

Points to remember:

- Jump and training completed in one day
- Harnessed to an experienced parachute instructor at all times
- Jump from at least 10,000 feet just like the professionals
- Freefall down to 5,000 feet falling through the air at 120 mph!
- Ride the parachute down to the ground we teach you how to steer onto the drop zone
- Landing controlled by your instructor
- Certificate to prove that you have completed a 'two-mile high' Tandem Skydive!

What must I do to jump?

All you have to do is raise \pounds 500 in aid of *brainstrust* by asking your family, friends and colleagues to sponsor you, using an online Justgiving page or by downloading one of our sponsorship forms from the brainstrust website. Please do not be put off by this amount - if you ask everybody you know to sponsor you, you will find you can quite easily raise the minimum \pounds 500 sponsorship and remember, every penny you raise over the minimum will be further contributing to the work of *brainstrust* and giving **you** the chance to make an exhilarating freefall parachute jump!

What do I do next?

Read the following pages entitled 'Important Information' and 'Paying In Your Sponsorship Money' and then complete the enclosed booking form.

IMPORTANT INFORMATION

When can I jump?

We have organised a special jump date for you and your chosen charity. If you are unable to jump on this date please contact us on the number below to discuss the possibility of jumping on an alternative date.

Where is the airfield?

The airfield is 15 miles north of Oxford. Once your booking form has been received and processed, full confirmation details will be sent to you, including a map and directions to the airfield.

Are there any restrictions on age or health?

For a tandem skydive you must be at least 16 years old and be under 15 stone in weight. The principal medical restrictions are diabetes, epilepsy, fits, recurrent blackouts, heart or lung disease, mental illness and some cases of asthma. You will be required to sign a medical form before your jump declaring your fitness to take part - this will be sent to you upon receipt of your reservation form but is also available on request. Those under the age of 18 will need the medical form signed by a parent or guardian; those aged 40 and over, or those with a medical condition, will need it signed by their doctor.

Pre-existing physical conditions will not necessarily prevent you from taking part but please inform Skyline of any physical condition as this may affect the location of your jump. If you are in any doubt then please contact us for further information.

What about insurance?

You will automatically be covered for up to £2,000,000 third party insurance but this will not cover you for personal injury. Should you wish to take out cover for personal injury you should either arrange this through your own broker or you can contact us on the number below and we will send you a Personal Insurance Form.

Finally

We sincerely hope that you decide to give it a go - it has often been described as a thrilling 'once in a lifetime' experience and is an excellent way in which to raise funds for such a worthwhile cause. There will be lots of other people trying parachuting for the very first time on the day, so you are welcome to bring along your friends and family so they can watch you on a day you will simply never forget: The day you perform an exhilarating skydive or parachute jump in aid of brainstrust.

PAYING IN YOUR SPONSORSHIP MONEY

Online

To set up an online Justgiving page, just go to <u>www.justgiving.com/brainstrust/</u> and follow the instructions. Your sponsorship will then be paid directly into the charity bank account.

Offline

For all other methods of payment, such as cheque, voucher or standing order, please click onto www.brainstrust.org.uk/donate.php

A *brainstrust* sponsorship form is also available from this website.

Booking Form

If you are jumping with others please attach a list of group members and tick here Please note each individual jumper must have their own reservation form (You may photocopy this form but it must be both sides on <u>one</u> sheet of paper)

Please complete this form (in BLOCK CAPITALS) and return it to the address below as soon as possible.

On Sunday 19 June at the Brackley airfield a special Tandem parachuting event is taking place on behalf of brainstrust. Please return this form to the address below if you would like to take part.

If you are not able to jump on the weekend date mentioned above please contact Skyline to discuss the possibility of arranging an alternative date for your jump (020 7424 5522).

| First Name | Surname |
|--------------------|--------------------------|
| Address | |
| | Post Code |
| Email Address | contact) |
| Tel No. (Day) | Tel No. (Evening) |
| Male/FemaleDate of | Birth H e i g h t Weight |

IMPORTANT: I confirm that I have read the Booking Terms and Conditions, Medical Restrictions, Insurance and Important Notice overleaf (if these are not listed then please call 020 7424 5522 to request a copy) and I understand and agree to be bound to those terms and conditions and to comply fully with the same.

Signature Date

Tick here if you do not wish to receive details of other offers from either the charity or other organisations

| For office use only Cheque Name | Cheque Number | Cheque Date | BRTR 10BBTSC |
|---------------------------------|---------------|-------------|-----------------|

IFSTIONS 2 CALL 02074245522

Please read all sections of this page carefully before signing the declaration below

Booking Terms and Conditions

- Should the weather be unsuitable for jumping on the day it will be up to you to return to the parachute centre on another 1. occasion(s) if necessary to complete your jump.
- 2 A fee of £50 will be charged for all cancellations or changes of jump date. This is in addition to the standard booking deposit and is not in any way deductible from any sponsorship money raised for a charity.
- 3. Skyline Promotions Ltd in consideration of the payment of the booking deposit will take all reasonable steps to arrange your jump at your nearest available parachute centre but since parachuting is a very popular sport, we may be forced to offer you an alternative due to lack of availability at some centres. Skyline Promotions Ltd acts as your agent in arranging for your jump and not as the agent for the parachute centre. Skyline Promotions Ltd use only those parachute centres which are affiliated to the British Parachute Association as the National Governing Body of the sport. Accordingly, no representations or warranties of any kind are made by Skyline Promotions Ltd as to the suitability, capability, quality of training or operation of any parachute centre. Any gueries or complaints with regards to these aspects should be referred to the parachute centre concerned.

Medical Restrictions

For a tandem skydive you must be at least 16 years old and must weigh under 15 stone with your weight in proportion to your height. Please note some centres have lower weight limits - please contact us for details. The principal medical restrictions are diabetes, epilepsy, fits, recurrent blackouts, heart or lung disease, mental illness and some cases of asthma but if you are in any doubt please contact us for further information. You will be required to sign a medical form before your jump declaring your fitness to take part - this will be sent to you upon receipt of your reservation form but is also available on request. Those under the age of 18 will need the medical form signed by a parent or guardian; those aged 40 and over, or those with a medical condition, will need it signed by their doctor.

Insurance

On payment to the parachute centre of the fee for the training and the jump (by brainstrust), all jumpers are covered by the British Parachute Association Liability Insurance Policy up to £2 million for liability to Third Parties. Please note that this does not cover you or your dependants for personal injury including death. You are therefore strongly recommended to take out your own insurance cover for personal accident benefits to whatever level you consider appropriate. You can do this either in conjunction with your own insurance broker or you may call us on the number below and we will send you a Personal Insurance Form. If in any doubt you should seek independent advice.

IMPORTANT NOTICE

Parachuting is an adventure sport and participation in such sports necessarily involves a risk of injury or death regardless of the standard of training, supervision and equipment employed. I voluntarily accept all the risks inherent in the sport and I agree for myself and my personal representatives to indemnify and hold harmless Skyline Promotions Ltd against any claim or claims whether on my own account or from third parties arising out of any accident or incident resulting in any loss or damage (including bodily injury and death).

I confirm I have read all the above sections marked Booking Terms and Conditions, Medical Restrictions, Insurance and Important Notice, and I understand and agree to be bound to those terms and conditions and to comply fully with the same.

Name _____ Signature _____

Date _____

IFSTIONS 2 CALL 02074245522