

Mindful Drawing Workshop

with artist Michelle Charles

By popular demand, Michelle Charles will be running another two-hour drawing workshop on May 11th for the brain tumour community.



We know how overwhelming it can feel when you or someone you love is living with a brain tumour. Take this opportunity to slow down, let go, and enjoy a creative, fun morning with wonderful people who truly understand.

Who is this workshop for?

This workshop is for you, our brain tumour community. Whether you have lots of experience, or have not drawn since school, come along. No prior experience is necessary.

What to expect of the session

Expect to have some fun. We will be doing some really simple exercises that are designed to enable relaxation and joy.

What to expect after the session

Expect to come away with a little surprise gift, courtesy of brainstrust, and some newly acquired creative skills.

What to bring

If you've taken the first workshop please bring your sketchbooks, pencils and sharpener- that's if you still have them- don't worry if you don't! Materials will be provided otherwise.



RSVP Today

Date: Monday 11th May,

Venue: Bemerton Art Workshops, 199 Caledonian Road, London, N1 0AF

Time: 11.am until 2pm

Spaces are limited, so RSVP at www.meetup.com/brainstrust or get in touch: meg@brainstrust.org.uk

We know.

You're amazing.

About the Workshop Leader

Ms. Charles is an experienced artist and workshop leader in art and design, and has taught for many years at art schools in the USA and UK. Her works are in public collections that include; The British Museum, The Wellcome Trust, The Brooklyn Museum (USA), and the National Museum of Art (USA).